



# CHANEL COLLEGE

# news

19 February 2015

TERM 1 WEEK 4

ISSUE 48

*"To act justly, to love tenderly and walk humbly with your God"* Micah 6:8

## From the Principal

Yesterday we celebrated Ash Wednesday with House Liturgies, where members of our community received ashes on their forehead. I can remember a situation several years ago when I had a dentist appointment after school on Ash Wednesday. As I was sitting in the chair the dentist's assistant started to rub my forehead explaining to me that I had "dirt" on it. I simply replied – "it is OK, it's only ashes". The assistant looked at me a little confused, so with a mouthful of dental instruments, I tried to explain that I was a Catholic and the significance of the ashes.

Ash Wednesday begins Lent, a time when we stop and assess how we are doing in our walk with God. Lent helps us identify spiritual areas in which we can grow and sinful areas that we need to avoid. To repent, put simply, means to turn away from sin and turn toward God. We receive ashes on our forehead in the sign of the cross as an outward expression of our need to begin again.

Each Lenten season, the Chanel community supports Project Compassion, which is Caritas annual fundraising and community engagement appeal. Project Compassion 2015 focuses on Food for Life. It throws a spotlight on global food issues and how Caritas Australia is empowering the world's poorest people to establish sustainable food sources for life. Please give generously!

### P and F Meeting

Last night we had our first P and F meeting for the year. It was great to see some new faces around the table. The main topics of discussion were the upcoming David Kobler Parent Presentation and the College Master Plan.

I would like to extend an invitation to all parents to the P and F Annual General Meeting which is to be held on Wednesday 18 March at 5.30 pm in the College Office. All positions have been declared "open" therefore we are searching for enthusiastic people to take on positions of President, Vice President, Secretary and Treasurer. Each year families contribute money to the P and F in lieu of fundraising activities. This is your opportunity to put forward your ideas on how to best spend this money in order to benefit the College community. Please come along.

### Staffing Update

Welcome to Mr Mervin Wakefield who commenced with us on Monday in the Industrial Design and Technology Department

### Swimming Carnival

Congratulations to McAuley on winning Champion House at last Friday's swimming carnival. Well done also to Futuna, who took out the House Spirit. For more details regarding the carnival please see Miss Kickbusch's report in the Sports section.

### Year 11 & 12 Study Day

Monday 23 February will be a study day for Year 11 and 12 students, as many of our staff will be attending Panel Meetings in Rockhampton. Teachers will be setting work for students to complete and this is an excellent opportunity for students to use the time wisely to work on assignments and revision.

### National Recall Frozen Berries

As the community has been made aware via recent media reports, there is currently a national recall on a number of frozen berry products imported by Patties Foods. The recall is due to a potential Hepatitis A contamination. The recall involves a variety of frozen berry products under the product names of Nanna's and Creative Gourmet.

Catholic Education Diocese of Rockhampton schools and services have removed any of the recalled products as advised by Food Standards Australia.

Queensland Health advice to members of the community is to monitor yourself and others who consumed the product for symptoms of fever, nausea or abdominal discomfort. Symptoms may appear between 15 and 50 days after catching the virus from eating the product. If symptoms appear, see your doctor immediately.



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Student Absentee Hotline: 4973 4791

God bless  
*S.M. Nop*  
Sharon Volp





# Good News

Kath Hore - Mission & RE Support Officer

## Project Compassion

Project Compassion began this week. As well as raising awareness to the work of Caritas, each Pastoral Care Group contributes financially to Project Compassion and we are very successful as a whole community in supporting this.

Please encourage your child to contribute to this Appeal which supports aid and development programs around the world and helps to build a better life for the poorest of the poor.

Last year, members of the Chanel College community raised \$2 380.50 for Project Compassion – a fantastic effort!

In 2015, we are aiming to raise \$3000.00. Let's work together to reach this total!

Pope Francis has invited "you to make space in your heart ... respecting the God-given rights of everyone to have access to adequate food." And with your ongoing support, we will continue to advocate for people's rights to enable all to have 'Food for Life.'

## Lenten Program

The Chanel Lenten Group will be meeting each Wednesday, at 3:35 pm in the College Chapel. All are welcome to attend.

## Second Hand Uniform Outlet

The Second Hand Uniform 'outlet' is open each Wednesday in the RE Resource Room during the first break. If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

## Thursday Mass

Mrs Goodwin's Year 12 SOR Class – Thursday 26 February  
Mass is celebrated in the College Chapel at 10.40 am each Thursday.  
ALL WELCOME

## SACRAMENTAL PROGRAM for 2015

Enrolment forms for Confirmation and/or First Holy Communion will be available from Monday 23 February from the Parish office in Herbert St, Gladstone. All candidates need to have made their First Reconciliation. Applications will close on Friday 6 February. Please contact Colina at [adfaith@tpg.com.au](mailto:adfaith@tpg.com.au) if you have any further questions.



### Please Pray for ...

- Civilians in Middle Eastern countries as the political unrest continues to cause pain and suffering.
- People to be open and generous to Project Compassion.
- People from our community who are unwell or recovering from recent surgery.

### Praise and Thanks for...

- Everyone who was involved to make Bishop's Day a success.
- All people, especially past students of Chanel, who are working in our world to ensure that justice and peace prevail.
- A successful and enjoyable swimming carnival last Friday.

*If you have any requests for either of the above prayers, please leave your request at the Office.*



# a night for parents

## Raising Teens in a Hyper-Sexualized Society



**Monday 9 March**  
6:30 pm - 8.00 pm  
Marian Centre

RSVP: Friday 6 March 2015

Vicki Crick 4973 4700

Vicki\_Crick@rok.catholic.edu.au

Chanel College Office

**Teens are Facing REAL ISSUES. Parents need answers.**

At a time where parents can feel **overwhelmed** and powerless to address issues such as sex, dating, relationships and pornography there is a **huge amount parents can do**.

This parents night aims to address the intimate questions that parents have while **empowering** them to be an **influential presence** in their children's lives.

- The major challenges young men and women are facing.
- The truth behind media, marketing and advertising and how it can affect young people.
- Sexting, apps and the online world; the secrets parents need to know.
- Pornography; what you need to know as a parent
- The effects of poor sexual decision making.
- Rites of passage; your sons and daughters journey to adulthood.
- How to parent your child through a sexually saturated society.

did  
you  
know?

The average age  
of a young persons first  
exposure to pomography  
is 11 years of age

1 in 5 young people struggle  
with an eating disorder

54% of students reported  
receiving a sexually explicit  
text message

26% reported sending  
a sexually explicit  
text message

## Presenter: David Kobler

**YOURCHOICEZ**  
Students Parents Teachers

- @urchoicez
- facebook.com/davidandkatiekobler
- au/linkedin.com/in/davidkobler
- www.yourchoicez.com.au
- info@yourchoicez.com.au

#teenBRAVE



## Valentine Thanks

Love was in the air last Thursday as Valentine's Day cards, chocolates, roses and serenades were distributed amongst students! As a Year 12 cohort, we had an absolute blast dressing up, handing out items and being able to be a part of an event that highlighted Chanel College's community spirit. A special thank you goes out to Helen Versic for the donation of materials for the Valentine's Day stall and to all those who gave up their time to make and give out items. The money raised will be put towards the Year 12 gift to Chanel College at the end of the year.

Student Leadership Team

## Shrove Tuesday

Tuesday 17 February

MacKillop 3 & Ms Ord making Pancakes



## Lenten Rice Day

Wednesday 18 February

Staff, Futuna 5 & Marcellin 3 cooked and served rice to help raise money and awareness for Project Compassion.



## from the Mathematics Learning Area

Linda Rippingale  
Mathematics Curriculum Leader

Welcome to the 2015 school year. I trust all are well rested and are now ready to settle into an academic year where each and every student works to the very best of their ability. Speaking of working to the best of ones ability, I simply have to congratulate our Year 12 students of 2014. The results achieved by this group of students was outstanding. This surely reflects their natural ability combined with their embracing the opportunities that Chanel College provided for them over the five years of their education.

So back to 2015, many parents ask me what they can do to assist their students in Mathematics. Possibly one of the most important things to do is to promote Mathematics positively by encouraging them to do their best. Of course there are specific things that you can do as well:

Check what your student is doing for homework. There is always homework even if it is revising what was learnt in the last lesson.

Ensuring that they have all the required equipment. It is very difficult for a student to fully participate and get the most out of a lesson if a piece of equipment (text, module, ruler, calculator, pencil, pens, and chromebook) is not available for use.

Encouraging them to do extension work and not be happy with just doing a minimum.

Now for a bit of general information. The expectation is that Middle School Student do about 20 minutes homework for each lesson. That is for Mathematics, 80 minutes per week. Senior School Students would need to do at least 30 minutes per lesson.

Years 7 - 9 use the Pearson Mathematics textbook. Year 9 students have their logins to access Pearson Places (from last year). If they have forgotten it, they can see me or their Mathematics teacher. Years 7, 8 and new Year 9 students will receive their logins as soon as they arrive from Pearsons. Pearson Places has lots of activities and an electronic copy of the textbook. (Saves carrying the textbook home for homework.)

If you require clarification or further information please contact Linda Rippingale via e mail [linda\\_rippingale@rok.catholic.edu.au](mailto:linda_rippingale@rok.catholic.edu.au)



## SWIMMING CARNIVAL

What a start to the Inter House competitions for 2015. Friday 13 February was a perfect day full of competition, fun, friendly house and competitor rivalry and outstanding swimming talent. The carnival was held in a different format to last year. With the inclusion of Year 7's, heat swims were run for the 50m Freestyle, Breaststroke and Backstroke events. The number of swimmers entering each race was amazing to see. Swimmers were out to record 1 of the 8 fastest times in each of their age divisions to secure themselves a place in the finals. In the heats, records were broken – Lachlan Pacheco U14 Boys set a new record in the 50m Butterfly (29.70). The U12 swimmers raced to set the inaugural records for 12 Year olds for the




Swimming Carnival. Though I must say, the highlight of the carnival was the participation races. Students swam the length of the pool with their friends, some with the aid of floaties, pool noodles or swimming rings all in the name of fun and getting into the pool to cool off. The 2015 seniors were a class above and did the participation races as a cohort, cementing their strong leadership and sense of fun for the entire College to see. The Go-Pro got a work-out recording the fun moments of their final swimming carnival as high school students.

Unfortunately we ran out of time at the end of the carnival and were not able to announce the Age Champions, House Spirit Award and House Champions. This was held instead on students return to school on Tuesday. A big Thank you to all students for your awesome behaviour and outstanding participation on the day. To my fellow teachers, for your support and assistance on and before the day, Thank You. And a special Thanks to the HPE department for your expertise in the lead-up to the event and the extra mile you go to on the day to make sure it all runs smoothly.




Congratulations to McAuley House for taking out the 2015 Inter House Swimming Carnival and successfully defending their title from last Year. Listed are the Age Champions for all age divisions, highlighting the extraordinary swimming talent we have at Chanel.

### Age Champions:




#### Girls 12 Years

1. Abby Dendle - 
2. Sophie Duff - 
3. Isabella King - 

#### Boys 12 Years

1. Callum Fitzsimmons - 
2. Thomas Cullen - 
3. Lachlan Blake - 




#### Girls 13 Years

1. Lilly Peachey - 
2. Lucy Devlin - 
3. Abbie Kerr - 



#### Boys 13 Years

1. Ryan Lilley - 
2. Will Mathison - 
3. Benjamin Doherty - 



#### Girls 14 Years

1. Grace Graham - 
2. Ainsley Graham - 
3. Eden Johnson - 

#### Boys 14 Years

1. Lachlan Pacheco - 
2. Kai Nugent - 
3. Cameron Fitzsimmons - 
3. Sean Mullan - 




#### Girls 15 Years

1. Alexandra Botica - 
2. Georgia Kerr - 
3. Morgan Mathison - 




#### Boys 15 Years

1. Mitchell Haigh - 
2. Troy Wright - 
3. Bailey Hoare - 


#### Girls 16 Years

1. Alex Lennon - 
2. Becky Lyden - 
3. Rhiannon Baxter - 

#### Boys 16 Years

1. Blake Cogill - 
2. Trey Keyworth - 
3. Maxwell Dooley - 

#### Open

1. Kayla Allen - 
1. Monique Poli - 
2. Emily Nahrung - 
3. Kate Boyd - 

#### Open

1. Michael Pacheco - 
2. Alec Richards - 
3. Connor Rose - 
3. James Hayman - 

### Overall House Champions:



1st - McAuley



2nd - Stella Maris



3rd - Marcellin



4th - Futuna



5th - MacKillop

House Spirit: Futuna



# INTERSCHOOL VOLLEYBALL

Teams are being finalised for the Interschool Competition with the forms that have been returned. However, THERE HAS BEEN A CHANGE TO THE DAY OF THE WEEK THAT WAS ORIGINALLY SENT OUT. The day is now on TUESDAYS, not Wednesdays. Please note the following:

<b>Open Boys and Girls:</b> Date: Tuesday 24 Feb and 3 March (Weeks 5 & 6) Time: 4.00 pm to approx. 8.30 pm Venue: Boys @ Gladstone SHS Girls @ Tannum Sands SHS	<b>Year 9/ 10 Boys and Girls:</b> Date: Tuesday 10 and 17 March (Weeks 7 & 8) Time: 4.00 pm to approx. 8.30 pm Venue: Girls @ Gladstone SHS Boys @ Tannum SHS
<b>Year 7/8 Mixed Teams:</b> Date: Tuesday 10 & 17 March (Weeks 7 & 8) Time: 4.00 pm to approx. 8.00 pm Venue: Chanel College	<b>TRANSPORT:</b> Students will need to arrange their own transport to and from the venue.

Training is on Tuesday mornings 7.00 am to 8.00 am and Wednesday afternoons 3.30 pm to 4.30 pm  
Please contact Mr Davis if there are any queries.



**McAuley - Overall House Champions**



**Futuna - House Spirit**



**Age Champions**

# Notices

**PLEASE NOTE:** There will be **NO** Concert Band or Strings Rehearsals on Week 5, due to Mrs Sheather's absence.

## MUSIC ENSEMBLES HAVE STARTED

*Rehearsal  
Times*

**Monday: 11.00 am - 11.30 am** String Ensemble - Music Room

**Monday: 3.30 pm - 4.45 pm** Concert Band - Marian Centre

**Tuesday: 7.30 am - 8.30 am** Choir - Music Room

**Wednesday: 7.30 am - 8.30 am** Woodwind - Music Room

**Friday: 11.00 am - 11.30 am** Drumline - Music Room

Any enquiries to Mrs Jo Sheather  
Email: [JoAnne\\_Sheather@rok.catholic.edu.au](mailto:JoAnne_Sheather@rok.catholic.edu.au)

## IMMUNISATION NEWS

Immunisation for Year 8 Boys and Girls will be Wednesday 18 March. These students are permitted to wear their sports uniform on this day.



## STUDENT ACCESS CENTRE

**Do you need help with  
Assignments? Homework? Careers?**

Available for you are:

Computers & Printers, Resources & Support Material, Friendly Faces.

### HOMEWORK ASSIGNMENT HELP

Monday, Tuesday, Thursday & Friday at 8.00 am.

Also First Break everyday except Thursdays.

Contact Chanel College's:

Inclusive Curriculum Coordinator: Mrs Robyn Jurd 4973 4739

Career Officer: Ms Cale on 4973 4738

## upcoming events

### Week 5

#### Mon 23 February

- Year 11 & 12 Study Day

#### Tue 24 February

- Year 7 Retreat Core Group D
- Whole School Assembly

#### Wed 25 February

- Year 7 Retreat Core Group C

#### Thur 26 February

- Year 7 Retreat Core Group A

#### Fri 27 February

- Year 7 Retreat Core Group B
- Trash Fash
- Year 7 & 8 Parents Wine & Cheese Evening
- Year 7 & 8 Social 6.30 pm

### Week 6

#### Mon 2 March

- House Assemblies

#### Tue 3 March

- Student Representative Meeting - First Break

#### Wed 4 March

- Chanel Board Meeting 5.30 pm

### Week 7

#### Mon 9 March

- Whole School Assembly
- Yr 9 Retreat
- David Kobler Parent Information Evening 6.30 pm

#### Tue 10 March

- Yr 9 Retreat

#### Wed 11 March

- Yr 9 Retreat

#### Thur 12 March

- Yr 9 Retreat

#### Fri 13 March

- Yr 9 Retreat
- Ride2School Day